



**Bachelor of Arts degree in Christian Psychology and Counseling
(133 credit hours)**

English	6
Composition I	
Composition II	
Humanities	9
Speech	
Philosophy	
Literature	
Social Science	9
Psychology	
Sociology	
Anthropology	
Biblical Studies	12
Introduction to the Bible	
The Psalms	
The Gospels	
The Historical Books	
Theology	9
Hermeneutic	
Apologetic	
Exploring Creation	
Mission	9
Anthropology for Mission	
Contextualization in the New Testament	
Cultural Intelligence	
Christian Education	9
Creative Bible Teaching	
Teaching Cross-cultural	
The Laws of Teaching	

1. ENG101. English Composition I. (3 Credits)
Description: First of a two-semester course designed to assist students in the writing of proficient prose. This section of the course emphasizes analysis of such components of rhetorical essays as audience, organization of evidence, purpose, voice, thesis development, and tone. Focus is on the following rhetorical patterns: process analysis, division and classification, comparison and contrast, cause and effect, and definition. Prerequisite: This course or competence.
 2. ENG102. English Composition II. (3 Credits)
Description: Second semester of a course designed to assist students in the writing of proficient prose. Students may be divided into and taught in two sections on the basis of writing ability. Introduces the rhetorical pattern of argumentation and persuasion and implements the skills mastered in EN 101 through comprehensive research. Prerequisite: ENG101.
 3. ENG113. American Literature. (3 Credits)
Description: 3 hours Overview of American literature from the Colonial to the Contemporary periods. Various genres of literature are analyzed within each period including essays, short stories, poetry, novels, slave narratives, and plays. Prerequisites: ENG102.
 4. ENG123. Christian Literature. (3 Credits)
Description: (3 hours Overview of selected authors and works from the early church fathers to present-day fiction. Various genres of literature are analyzed, including letters, short stories, allegory, poetry, and novels. Prerequisite: ENG102.
 5. PSY133. Developmental Psychology. (3 Credits)
Description: A study of human development throughout the lifespan, with an emphasis on how a knowledge of developmental stages is essential for people in a variety of occupations from education and counseling to health care and other areas of human service. Prerequisite: PSY101.
 6. PSY143. Social Psychology. (3 Credits)
Description: Social Psychology is a survey course designed to familiarize students with major theories, concepts, and methods of social psychology. The course will explain how an individual's thoughts, feelings, and behavior are influenced by the presence of other people. Prerequisite: PSY 101.
 7. RES144. Research and Statistics for Human Services. (3 Credits)
Description: This course introduces a wide variety of common statistical techniques that are used in research in the fields of education and human services.
 8. BIS153. Introduction to the Bible (3 Credits)
Description: *A Literary, Historical, and Contemporary Perspective of the Bible*
Introduction to the Bible approaches the Bible by considering it from three different viewpoints: literary, historical, and contemporary. This unique approach underscores the dynamics of each view and the methods scholars have developed to study them.
- BSC153A. The Bible and Science. (3 Credits)
The purpose of this course is to provide a greater appreciation for both science and the Bible and to make it clear that no compromise is necessary in order to bring the authentic facts of science into harmony with the teachings of the Bible. May be used as either a Bible or science course.
- SCI163A. General Biology I. (3 Credits)

A course presenting the basics of the life sciences, including an introduction to living organisms, chemical and physical basis of life, biological principles and concepts and a survey of the plant and animal kingdom. Study of life processes in plants and animals, nutrition, respiration, circulation, excretion, motion, response, growth, and reproduction. Designed to provide a broad overview of the life sciences.

9. HRM163. Biblical Hermeneutics (3 Credits)
Description: Since its publication in 1994, *An Introduction to Biblical Hermeneutics* has become a standard text for a generation of students, pastors, and serious lay readers. This second edition has been substantially updated and expanded, allowing the authors to fine-tune and enrich their discussions on fundamental interpretive topics.
10. THE173. Christian Apologetics (3 Credits)
Description: This is a study of Christian Apologetics for the purpose of equipping the pastor, minister, or lay leader in the defense of the Truths of God. This study is in three parts: 1) deals with various tests for truth in order to lay a foundation for testing the “truths” of various world views, 2) applies the test for truth to those views, and 3) works within the theistic view to verify the deity of Jesus and the authority of the Bible.
11. THE183. Christology (3 Credits)
Description: This book presents one of the most thorough and passionate studies of Christology. It covers all components of the eternal existence of Christ, life of Christ, atoning work of Christ, and future work of Christ, as well as other topics. This book's approach is dispensational and premillennial and he offers cogent defenses of his views. This work is both scholarly, reverent, and at times devotional.
12. REL193. Appropriate Christianity (4 Credits)
Description: Appropriate Christianity consists of 28 chapters by 18 authors approaching contextualization in three dimensions: truth, allegiance and spiritual power. Over the years, there have been quite a number of helpful discussions of the contextualization of theological truth. Though we have been helped greatly by them, it is high time we began to deal also with allegiance and spiritual power, two additional dimensions that Jesus considered of great importance. Any adequate and appropriate treatment of the contextualization of biblical Christianity needs to deal with all three of these "crucial dimensions." For allegiance to Christ is the basis for all we do that makes us Christian, and Jesus was very much into spiritual power. If we are to be truly biblical, we must deal also with these areas.
13. TOM203. Theology of Missions. (3 Credits)
Description: This course develops a biblical theology of world missions by considering what the Bible says about missions from Genesis to Revelation. The unifying theme of the kingdom of God will be used to integrate biblical ideas about God's mission in the world.
14. ANT213. Cultural Intelligence (3 Credits)
Description: Twenty-first-century society is diverse, and Christians must be able to understand other cultures and communicate effectively between and among them. Following up on the bestselling *Hurt: Inside the World of Today's Teenagers*, this new addition to the Youth, Family, and Culture series explores the much-needed skill of Cultural Intelligence (CQ), the ability to work effectively across national, ethnic, and even organizational cultures. While rooted in sound, scholarly research, *Cultural Intelligence* is highly practical and accessible to general readers. It will benefit students as well as guide ministry leaders interested in increasing their cultural awareness and sensitivity. Packed with assessment tools, simulations, case studies, and

exercises, *Cultural Intelligence* will help transform individuals and organizations into effective intercultural communicators of the gospel.

15. ATM223. Postmodern Anthropology for Mission (3 Credits)
Description: Globalization and urbanization are twin forces that are powerfully shaping economics, politics, and religion in the world today. Traditional anthropological theories are inadequate to recognize and analyze trends such as global migration, Diasporas, and transnationalism. New departures in anthropology and the social sciences seeking to address these and other phenomena can help us critique and reshape the theology and practice of Christian mission.
16. CSC233. Exploring Creation With General Science (3 Credits)
Description: This book sets the stage for all the further Apologia courses with an introduction to science history, the Scientific Method, the correct process of scientific experiments, an analysis of scientific dating processes, and the overall benefits of science via introduction to various branches.
17. BNT243. Contextualization in the New Testament (3 Credits)
Description: The technical term for their efforts is *contextualization*. Missionary theorists have pondered and written on it at length. More and more, those who do theology in the West are also trying to discover new ways of communicating and embodying the gospel for an emerging postmodern culture. But few have considered in depth how the early church contextualized the gospel. And yet the New Testament provides numerous examples.
18. CED253. Creative Bible Teaching (3 Credits)
Creative Bible Teaching designed to help those, desiring to teach creatively based on biblical principles can do so effectively. The course is loaded with practical and usable Christian based ideas that will make creative teaching a reality.
19. CED263. Christian Education (The Foundation for the Future) (3 Credits)
Description: This course introduces the learner to the basics of a healthy Christian education program; then beyond, showing how to develop a fresh innovative Christian education program to revitalize the church, home or school.
20. CON273. Course: Introduction to Biblical Counseling (3 credits)
Course Description: This course will introduce the students to principles and practice in Biblical counseling. This approach will bring a system of biblical truth that brings together people, their problems and the living God.
21. CSC283. Crisis and Trauma Counseling (3 credits)
Description: Introduction: Anatomy of a Crisis covers:
 1. What Is a Crisis?
 2. Crisis Counseling from a Biblical Perspective
 3. Applications of Biblical Principles
 4. The Process of Crisis Intervention
 5. The Crisis of Depression
 6. The Crisis of Suicide - Updated ... Targeted at the survivors of suicide
 7. The Crisis of Death
 8. The Crisis of Divorce
 9. Ministering to Children in Crisis - updated with latest information

10. The Crisis of Adolescence

11. Crisis in the Transitions of Life

12. Stress and the Type-A Personality: A Potential Crisis Conclusion: Using Scripture and Prayer, and Making Referrals.

22. CON293. Premarital Christian Marital Counseling (3 Credits)
Description: The course explores marriage from the Christian perspective emphasizing the biblically based theory of marriage and marriage counseling with an analysis on the individual, the couple and the family Premarital Counseling
23. MCN303. Marriage and Family Counseling (3 credits)
Description: In this text for the professional helper, Everett Worthington provides a model for short-term marriage counseling which is biblical, practical, and compassionate. Evaluations of five major approaches to marriage counseling are included as an appendix.
24. PSY313. Psychology and Counseling (Christian Perspective) (3 credits)
Description: This standard introduction to psychology and counseling offers an explanation of classic theory and a holistic Christian view of humanity and counseling. The book includes over one hundred "spotlights" (brief essays featuring persons, ideas, and applications relevant to Christian counseling), copious illustrations, a glossary explaining technical terms, and thorough indexes. The text, organized according to the way introductory counseling courses are taught, serves as a helpful reference tool of enduring value. Subject areas include:
- personality
 - classic psychological theory
 - the biological basis of behavior
 - emotions and motivation
 - memory, cognition, self-concept
 - child and adult development
 - sensation and perception
 - social psychology
 - individual and family counseling
 - psychology of religion
 - abnormal psychology
 - individual and group therapy
25. PSY323. Psychology, Theology, and Spirituality in Christian Counseling (3 Credits)
Description: Being able to integrate your spiritual life with your psychological expertise and theological understanding will help enhance your counseling skills. This course will help you evaluate how well you will be able to incorporate prayer, scripture, confession, forgiveness and redemption into your life and counseling practice.
26. CON343. Counseling Troubled Teens & Their Families (3 Credits)
Description: Teenagers and their families live in a society with epidemic levels of social troubles that put adolescents at risk for emotional problems. Twenty-two of the most common mental health conditions that occur among adolescents will be identified and discussed.

27. CON353. Counseling Youth (Handbook on Counseling Youth) (3 Credits)
Description: A comprehensive course geared to equip youth workers, pastors and teachers, as well as parents, as they attempt to identify problems, discover causes, determine effects, and view biblical perspectives.
28. PSR363. Psychology and Religion (3 Credits)
Description: This unique course presents a psychological approach to the study of the religious experience. There will be eight points of view discussed and evaluated. This course will explain the thinking of religious psychology including the philosophy of various theorists.
29. PSC373. Psychology & Christianity (3 Credits) Description:
This course and text emphasizes morality, values, epistemology, and the role of religion in public life.
30. EYC383. Christian Ethics (3 Credits)
Description: This is an introductory course in apologetics with answers to many of the so-called contradictions in Christianity. The course probes intensely into both the difficult, long-standing questions, as well as, the challenging, present-day issues about Christianity.
31. PST393. Course: Integration of Psychology and Theology (3 Credits)
Description: This volume of the Rosemead Psychology Series examines the relationship of psychology to theology and discusses whether they contradict each other or can be integrated with one another. It includes a reference listing, annotated bibliography, and index.
32. CON403. Competent to Counsel (3 Credits)
Description: This classic has helped thousands of pastors, students, laypeople, and Christian counselors develop both a general approach to Christian counseling and a specific response to particular problems.
33. CON413. Learning the Art of Helping (3 credits)
Description: This course offers practical and modern, the focus of this new textbook is on the application of the theoretical and measurement concepts of assessment in counseling, presenting a unique and new guide that covers administering, scoring, interpreting, and communicating assessment results. The authors employ a conversational style of writing and introduce two case studies that are followed throughout the text to demonstrate the application the concepts. By focusing on the clinical examples and showing how each type of assessment may be utilized in various settings, the text provides an opportunity to view assessment as an integral part of the counseling process, rather than merely a specialization of counseling.
34. PUS423. Public Speaking (3 Credits)
Description: By: Jason S. Wrench, Anne Goding, Danette Ifert Johnson and Bernardo A. Attias
Public speaking in the twenty-first century is an art and a science that has developed over millennia. In a world that is bombarded by information, the skill set of public speaking is more important today than ever. According to an address given by Tony Karrer at the TechKnowledge 2009 Conference, the *New York Times* contains more information in one week than individuals in the 1800s would encounter in a lifetime. Currently, the amount of information available to people doubles every eighteen months and is expected to double weekly by 2015. In a world filled with so much information, knowing how to effectively organize and present one's ideas through oral communication is paramount.

35. MBC453. Methodology in Biblical Counseling (3 Credits)
 Description: In "Group Dynamics" Bohac investigates the interrelations of mankind and reveals the subtle ways in which people are connected to others throughout their lives. Specific topics covered include "The Different Types of Groups", "Group Techniques", "Christian Groups" and "Recovery Groups". (Church Administration)
36. CON463. Biblical Basis for Counseling (3 Credits)
 Description: This course introduces the student to the biblical basis for Christian counseling founded on directionism. It establishes the difference between Christian Counseling and Biblical Counseling. This book uses the five steps method of Biblical Directionism to help the professional counselors focus on the real issues.
37. CON473. understanding Counseling (3 Credits)
 Description: For more than a decade, Howard Clinebell's *Understanding and Counseling the Alcoholic* has been considered the standard work in the field. This updated edition of Clinebell's earlier book expands his work on counseling to encompass the care of persons with drug addiction, behavioral addictions, multiple addictions, and co-dependency. The volume includes a new annotated bibliography.
38. CCP473. Comprehensive Child Psychotherapy (3 Credits)
 Description: The fundamental principles of direct clinical work with children! Christiane Brems, an experienced psychotherapist and educator, offers a comprehensive integrated approach to psychotherapy with children aged 3 to 12 years. She contends that the combination of psychodynamic and behavioral approaches creates change in children and helps the therapist recognize important features in a child's life
39. PSY473. Adolescent Psychology (3 Credits)
 Description: Designed to examine the complex characteristics of human cognitive and emotional life during the period of adolescence. Emphasis is on basis of behavior, interpersonal relationships, development, growth, and motivation.
40. Soc483. Principles of Sociology. (3 Credits)
 Description: Human social relationships and processes; functioning of familial, recreational, religious, economic, political, and other social groups.
41. COM483 Course: An Introduction to Mass Communication (3 Credits)
 Description: *This course- Introduction to Mass Communication* is designed to squarely emphasize media technology. This course is a compelling, historical narrative sketching the *ongoing evolution* of media technology and how that technology shapes and is shaped by culture — and that is what he set out to deliver with his new textbook..
42. **PSY493. Principles of Social Psychology** (3 Credits)
 Description: This course designed to help students organize their thinking about social psychology at a conceptual level. This course will further help them remember some basic ideas, for it is these principles that will allow them to critically analyze new situations and really put their knowledge to use.

Duration of the program: 3-4years depending on the student's ability to complete classes in timely manner.

Textbooks and Other Expenses

Online or on-campus students should purchase textbooks prior to the beginning of class. Textbook requirements are listed with student's final revised curriculum. The cost of books and supplies varies with the number of hours and particular courses for which a student is registered.

Books: e-book/PDF/printed textbooks are available at CCU Online Store

Students are suggested to order their books for each class with ample time prior to the start of their class.

Certain courses require extensive supplemental notes. Charges for supplemental notes will be placed on your student bill and distributed by the instructor during the first session of class.